

Heywood Consolidated



School Newsletter

Edition #6, 2026



ANZAC Day

On Saturday the 25 of April was Anzac day where we all come together and remember the solders that fought for our country and people.

The Anzac singing group from Heywood Consolidated were singing with Mrs Colliver. The songs we were singing were called Get Together, The Australian anthem, The New Zealand national anthem and God Save The King. The people that were singing were Tom, Emelia, Scarlett, Erin, Lilly-Rose, Isabelle, Georgie, Robbie, Destiny, Deegen, Minna, Xenia, Leah-Maryse and James. Well done to all those people that represented the school.

Heywood RSL asked our school for people to hold the flags and carry the wreath. People on the school leadership team were asked. The people who were on flags were Annabelle, Sophie and Amirah. Archie and Emily were carrying the wreath. The flags had to be held the entire time and the wreath was eventually laid beside the monument. After that we all

went home with sore arms but we pushed through it.

Thanks for everyone's help and support.



By Emily and Emelia



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From our Principal, Ann Hawker...

Ngata Everyone!

I hope that everyone had a refreshing holiday and that we are all back into the routines of school again.

From our end, it has been a very busy start to the term. On Friday 24th April, 23 students attended the District Athletics at Nelson Park, Portland. It was wonderful to see our students try their best and participate in many events. Thanks to all the wonderful parents/carers that attended



the day to support our team. Thanks also to Mrs Hodges, Mr Kennedy and Cass for supporting this event as well. We wish Sophie, Annabelle and Noah all the best for Friday 1st May, when they compete at Divisional Athletics in Warrnambool.


Then on Saturday 25th April, it was wonderful to see the responsibility and maturity of our School Leaders who participated in the Heywood RSL Anzac Day Service, through carrying the flags during the entire service or laying of the school wreath. Also, thanks to our school choir of 14 students who sang four songs with the amazing Kerri Colliver. Extra congratulations to Lily-Rose for her introduction speech, as well as Emelia and Tom for singing into the microphone by themselves.

On Monday 26th April, there were 13 students who attended the annual District Cross Country at Yarraman Park, Portland. Our students gave it their best and should be proud of their achievements, especially Sophie who came first in the 12 year old girls – Good luck in Warrnambool on 15th May.

Don't forget that May 14th is a Pupil Free Day as approved by School Council. Staff will be reflecting on our Real Schools Partnership with Expert Facilitator Cassie Kitani and extending our practices around School Culture.



Athletics at HeyCon!



It has been a huge few weeks at HeyCon with our Athletics and Cross Country events at school, followed by the District events in Portland in weeks 1 and 2. It was fantastic to see all the friends and family at HeyCon supporting our students, some of whom were trying these sports for the very first time. The effort shown by our students was fantastic! Surry/Nganang took out the win for both days - well done team!

Our school then sent our top contenders on to both District Cross Country and Athletics and I was very proud of all their achievements as well as their behaviour at both events.

We wish Noah, Annabelle as Sophie all the best as they move on to represent our region at Division in Warnambool!

Mrs (Coach) Hodges



Big Life

WE UNDERSTAND AND CARE FOR OUR ZONES

The Zones of Regulation help students identify and understand their emotions by grouping them into different levels of energy or alertness.

ALL ZONES ARE OK. Students learn to notice whether their current zone is helping them learn or function well, and if not, knowing which positive coping strategy might be helpful to care for and manage their emotions. This supports students to be ready to learn and reach their goals.



Blue zone describes low or slow energy levels/alertness. Eg. Sad, tired, bored, disinterested.

Green Zone describes emotions where we are ready to learn, , curious, good to go, happy, calm, in flow.



Yellow Zone describes emotions that are higher energy/alertness. It might mean we are at risk of starting to lose control of our emotions. Eg. Excited, frustrated, worried, upset, wriggly.

Red Zone emotions describe emotions where we can lose control and taking unsafe actions for ourselves or others. Eg. Furious, flipping our lid, overjoyed.



The more we practice positive coping strategies when we are calm, the stronger our pathways in our brain become and the easier it is for us to use coping tools in the moment, when we need them. It is also important for us to practice lots of different tools, so that if a coping strategy we normally use doesn't work, we have other options.

WAYS TO CARE:



BLUE ZONE: We do something to lift our energy or cheer ourselves up.

We Can: have a brain break, a drink of water or snack, ask for help, talk to a friend, move our body. Make sure we have a healthy lunchbox, and enough sleep at home.



GREEN ZONE: We do something to help us keep going -

We Can: have a brain break, a fruit snack or drink of water, ask a question, help our classmates.



YELLOW ZONE: We do something to lower our energy and calm ourselves down -

We can: take some deep slow belly breaths, do a mindfulness activity, read, move our body, go to the toilet, talk or draw about our feelings, listen to music, ask for help, do a special job in the classroom, write a thank you letter, spend time in a nurture space, a calm corner or outside.



RED ZONE: We STOP what we are doing. We let an adult know. We find a safe space to have quiet time. We can do something to cool and calm down like: take our shoes and socks or jumper off, have a cold drink, splash some water on our face, take some deep slow belly breaths, or do a mindfulness activity.



Literacy

Spelling Mastery

Building on our F–2/3 Phonics Plus Program, Spelling Mastery is implemented across the senior classes. Students work at a level suited to their needs, which is determined through a pre-assessment. The program is delivered three to four days each week, with instruction currently running across four different levels to ensure targeted support for all learners.

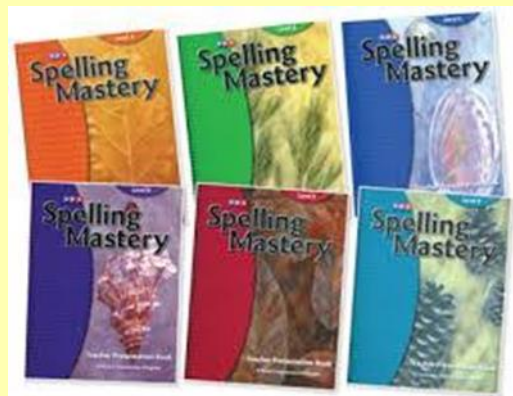
So, what is Spelling Mastery?

Spelling Mastery is a structured, evidence-based program designed to help students develop strong spelling, reading, and writing skills. It uses a direct instruction approach, where concepts are taught clearly and step-by-step, ensuring all students can build confidence and succeed.

The program is carefully sequenced into levels, with each lesson following a consistent structure. Students review previously learned words and patterns, are explicitly taught new spelling rules or word features, and then practise through guided and independent activities. Lessons are fast-paced and interactive, allowing students to respond frequently and receive immediate feedback. Regular revision is built in, helping students retain and apply their knowledge over time.

Spelling Mastery benefits students by strengthening their understanding of how words work. It improves spelling accuracy, supports reading fluency, and enhances writing skills. The clear routines and repeated practice are particularly helpful for students who need extra support, while also extending those who are ready for more challenge. Overall, the program builds strong literacy foundations, helping students become confident and capable communicators.

Jane Booth, Literacy Co-ordinator



Meet Our Staff: Heylee - Wellbeing Dog

What kind of pet do you have? 3 humans – Mrs and Mr Watson and their son, also have 2 other dogs in my backyard – Milly and Gypsy.

What was your favourite subject at school? Recess and Lunch because I get to go outside for a walk.

What is your favourite food? Colby Cheese.

What is your favourite board game? I haven't played any board games in my life.

What is your favourite TV show? I enjoy watching shows that have other dogs in it.

What is your favourite movie? I can't say that I have ever watch a movie. Usually, I go to sleep on my mat.

What is your favourite book? I haven't mastered the skill of reading yet.

What is your favourite vacation? Going to Miss Hawkers and Sharyn's house where I get to play with their dogs. They like to play more than the other two at my house because they are young like me.

What is your favourite activity for you to do? Going to a walk, playing chasey and sleeping.

What are you thankful for? My family.

If you could wish for one thing, what would it be? More time playing.

If you were an animal, what would it be? That's a hard one because I am already an animal.

If you had a superpower, what would it be? Being able to talk so that I can get people to understand me better.

If you were famous, what would it be for? Sleeping.

What skill do you wish you had? I wish I could stay awake for longer so that I could play more.

What do you like about Heycon? Working with all the people there.

How would you describe yourself? Quiet, kind and caring.



Photo Gallery



Reminders

School Council Team for 2026/2027

Last night we held our Annual General Meeting for Heywood Consolidated School Council. We acknowledged the retiring members and thanked them for their service. We then elected our new office bearers.

President - Shane Norris

Vice-President - Charlene Benbow

Secretary - Jacqueline Fox

All of whom will be supported by Ann Hawker, Melinda Watson, Stephen Harris, Tanya Eather, Natalie Smith, Felicia D'Alessandro, Janelle Williams and Sallie Field.

Road Safety Reminder For School Pick Up and Drop Off

At Heywood Consolidated School, we have many students coming and going from school in different ways. Some students may ride bikes/scooters, walk, or travel by bus or car. All of these ways require safety measures to make sure that all students get to school safely.

Please be aware that:

- cars should not be driving through the staff car park to drop off and pick up students.
- cars should not be parking on the north side of Kentbruck Road to collect or drop off students.
- cars should not be doing **U-Turns** along Kentbruck Road. We thank all the safe drivers within our community and hope that we don't need to notify the local police for daily drive throughs.

Mother's Day Stall

Thursday 7th May



- All children get to visit the stall with their class teacher between 11.30am and 1.30pm, and they can choose to buy their mother figure a gift.

- Gifts range from \$1—\$7 (No more than \$10 will be needed).

FINANCIAL ASSISTANCE

INFORMATION FOR FAMILIES

Every Victorian child should have access to the world of learning opportunities that exist beyond the classroom. The Camps, Sports and Excursions Fund helps ensure that no student will miss out on the opportunity to join their classmates for important, educational and fun activities. It is part of making Victoria the Education State and the Government's commitment to breaking the link between a student's financial circumstances and their outcomes.

CAMPS, SPORTS and EXCURSIONS FUND (CSEF)

School camps provide children with inspiring experiences in the great outdoors. Excursions encourage a deeper understanding of how the world works while sports teach teamwork, discipline and leadership. All are a part of a healthy curriculum.

CSEF is provided by the Victorian Government to assist eligible families to cover the costs of school excursions, camps and sporting activities.

If you hold a valid means-tested concession card or support an out of home care student you may be eligible for CSEF. A special consideration category also exists for asylum seeker and refugee families. The allowance is paid directly to the school to use towards expenses relating to camps, excursions or sporting activities for the benefit of your child.

The annual CSEF amount per student is \$400 for all school students.

HOW TO APPLY

New applicants should contact the school office to obtain a CSEF application form or download from the website below.

If you applied for CSEF at your child's school last year, you do not need to complete an application form this year unless there has been a change in your family circumstances.

You only need to complete an application form if any of the following changes have occurred:

- **new student enrolments:** your child has started or changed schools this year.
- **changed family circumstances:** such as a change of custody, change of name, concession card number, or new siblings commencing this year.

Check with the school office if you are unsure.

MORE INFORMATION

For more information about CSEF visit:

<https://www.vic.gov.au/camps-sports-and-excursions-fund>



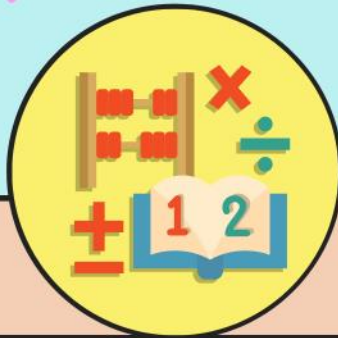
SAVE THE DATE



Friday 22 May 2026
National Walk Safely to School Day



COME CELEBRATE EDUCATION
WEEK BY JOINING US IN THE
CLASSROOMS WITH



**NUMERACY
PROBLEM
SOLVING**

Friday 22nd May @ 2:10 - 3:20
No Assembly or Clubs

What's Coming Up?

T2 W2	27th Apr * District Cross Country	28th Apr	29th Apr * Brekky Club	30th Apr	1st May * Brekky Club *Division Aths *Senior Swimming
T2 W3	4th May	5th May	6th May * Brekky Club	7th May *Mother's Day stall: 11.30-1.30	8th May * Brekky Club *Senior Swimming
T2 W4	11th May *Book Fair	12th May *Book Fair	13th May * Brekky Club *Book Fair	14th May *Curriculum Day	15th May * Brekky Club *Book Fair *Senior Swimming *Division Cross Country
T2 W5	18th May	19th May	20th May * Brekky Club	21st May *Whole School Performance— Mr Snot Bottom	22nd May * Brekky Club *Senior Swimming *Walk Safely to School Day * Open Day 9-11am *Education Week Celebration 2.10pm

Contact Us

Our School Values are Kindness, Respect, Resilience and Gratitude.

When these values drive student actions, we have a positive student community working together to achieve higher educational outcomes.

At Heywood Consolidated School every child is encouraged to be the best person they can be. While we have a strong focus on academic curriculum, we also recognise that our students need to engage strong social emotional skills.

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